



# LITTLE FROGGIES CHILDCARE, LLC

**"WHERE YOUR TADPOLES LEARN TO GROW"**

## Health Illness Guidelines

All Little Froggies Childcare programs adhere to the guidelines required by NYS Office of Children and Family Services (OCFS). This Health illness guideline applies to all children from the ages of 18 months to 12 years enrolled in Little Froggies Childcare programs as well as all employees.

- Children in our care need up to date immunizations and annual physicals in order to be allowed at the center.
- If a child should become ill at our program the child's parent or guardian will be called, and must come for the child as soon as possible.
- Please do not give ill children Tylenol or any fever reducer before sending them to child care. If your child is ill, please keep him/her home.
- Children with a chronic illness such as allergies (requiring an epinephrine pen), asthma, diabetes, and seizures of any kind, must have written instructions by a physician regarding any special procedures, observation, or treatment. Written permission from a physician must accompany any prescription medication that is to be administered at childcare. The medication must be in the original container. The note must have the child's name, name and route of the medication, time to be given, and the amount to be given. Medication must be for a specific condition accompanied by the above note. The center will provide you with the necessary medication form.
- Children shall be excluded from group care when one or more of the following situations occur: Symptoms of acute or contagious illness or medical attention is needed

Children are able to return to the center when:

- Children are symptom-free for 24 hours
- Depending upon the type of communicable disease, a note from the physician may be required prior to a child's return
- We reserve the right to ask for doctor's notes
- After the treatment and/or medication, prescribed by the physician, meets the time specifications stated in our health illness guidelines (In most cases children may return 24 hours after treatment has begun.)

Illnesses include but are not limited to the following:

## BED BUGS

### Symptoms:

- The first sign of a bed bug infestation is usually the appearance of bites on the arms, neck, torso, or legs.
- Allergic reactions vary widely from practically no reaction, to small itchy red or white bumps, blisters or pustules.
- Not every person in a household will react the same way and many times only one person will show signs of bites, leading others to believe it cannot be bed bugs. It is difficult, if not impossible, to distinguish bed bug bites from those of other biting pests without other circumstantial evidence that will link to a specific pest. It is critical to confirm bed bugs in the sleeping or living area through inspection to be sure that bites are caused by bed bugs. Bed bug bites can resemble mosquito and flea bites. When a suspected bed bug is found in the child's belongings, the child will be discreetly removed from the classroom and his/her clothing and belongings along with the area in which they were stored, will be inspected.
- To kill all stages of bed bugs, clothing and other items can be dried in a hot dryer for at least 20 minutes. After inspection, potentially infested belongings will be placed in a tightly sealed container such as a garbage bag or plastic bin with a lid. Belongings will be left there except when they are needed or when the child leaves to go home. In the event that live bed bugs have been found in our centers a memo will be sent out immediately and the Department of Health will be notified that day.

## CHICKENPOX

### Symptoms:

- Pimple type sores, which develop into water blisters and then crust over
- May be accompanied by fever
- Mild respiratory symptoms may occur

### May return to Daycare when:

- After most sores have dried and crusted, typically after 7 days
- No new lesions have appeared for 3 days

## COLD - ADVANCED (Bronchitis, RSV, Upper Res, Sinus Infection)

### Symptoms:

- Thick nasal drainage
- Sore throat
- Fever
- Cough
- Shortness of breath
- Weezing/Raspiness

### May return to Daycare when:

- Symptoms disappear
- Doctor's written permission to return
- No fever for 24 hours without Tylenol or other fever suppressant

## COLD - COMMON (may be at Daycare)

### Symptoms:

- Nasal congestion
- Sneezing
- Slight Cough

## CONJUNCTIVITIS (PINK EYE) OR VIRAL PINK EYE

### Symptoms:

- Red, itchy eyes
- Drainage may be clear or contain puss
- Eyelids may become swollen or crusty

### May return to Daycare when:

- After symptoms have cleared
- Or with Dr.'s written permission stating it is not contagious
- Or 24 hours after treatment begins

## COVID-19

### Symptoms:

- May appear 2-14 days after exposure to the virus
- Fever (100.0 or higher) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

### May return to Daycare when:

- Child must be fever free for 24 hours without Tylenol or other fever suppressant

## DIARRHEA

### Symptoms:

- Gas, stomach cramps
- Nausea
- Liquid, watery, and frequent

**\* The parent is contacted after the 2nd incident, and depending on severity maybe be asked to pick up the child. The child is required to go home after the 3rd incident.**

### May return to Daycare when:

- When symptom free for 24 hours, on a regular diet (no Pedialyte)

## EAR INFECTION

#### Symptoms:

- Ear drainage
- Constant pulling on ear, fussiness or complaining of a sore ear
- Cold symptoms
- Not interested in eating, difficulty sleeping, playing, etc.

#### May return to Daycare when:

- 12 hours after treatment begins
- Child must be fever free for 24 hours without Tylenol or other fever suppressant

#### FLU (Influenza)

#### Symptoms:

- Fever or feeling feverish/chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Fatigue
- Some people have vomiting and diarrhea- more common in children than adults

**\*It's important to note that not everyone with flu has a fever\***

#### May return to Daycare when:

- Child must be fever free for 24 hours without Tylenol or other fever suppressant

#### FEVER

#### Symptoms:

- 100.0 degree temperature or more (auxiliary)

#### May Return to Daycare when:

- Fever free for 24 hours without any fever suppressant like Tylenol or Motrin

#### FIFTHS DISEASE

#### Symptoms:

- Lace-like rash with red cheeks
- Child does not need to be excluded, as the infectious period precedes rash, unless other symptoms are present

#### HAND, FOOT, AND MOUTH DISEASE

#### Symptoms:

- Spots on hands, feet and around or inside mouth
- Sometimes on buttocks
- Fever

#### May return to Daycare when:

- 24 hours after fever breaks
- Open sores need to be covered
- Sores in the mouth should not cause discomfort when eating or drinking

#### HEAD LICE (Lice (bugs), or nits (eggs) in child's hair)

Symptoms:

- Itchy scalp

May return to Daycare when:

- First Incidence
  - 24 hours after treatment has been administered
  - Eggs and nits are completely removed by a specially designed nit comb
  - Home must be treated
  - Need to retreat hair after 7 days of first treatment
  - Child will be checked daily for two weeks
- Second Incidence
  - Parents will be asked to meet with a director for support with handling lice
  - Follow steps above
- Third Incidence (within 30 days)
  - Family may be asked to leave if they are not cooperating with administration

**\*If lice or nits are found in a child's hair while at daycare, parents will be called and asked to pick up your child\***

IMPETIGO

Symptoms:

- Red, round rash
- Sores that don't heal and increase in size, may have drainage
- Maybe itchy
- May have flat honey colored crust

May return to Daycare when:

- After using medication for 24 hours (keep covered)

MULTI-SYSTEM INFLAMMATORY SYNDROME (MIS-C) has been compared to another rare childhood condition, Kawasaki Disease, because it shares some of the same symptoms.

Symptoms:

- A fever lasting more than 24 hours (COVID/FLU season bumps to 72 hours)
- Abdominal pain, diarrhea or vomiting
- Rash or changes in skin color
- Trouble breathing
- Your child seems confused or overly sleepy - Be sure to let your pediatrician know if your child has tested positive for COVID-19 or has been exposed to the virus. Your pediatrician will let you know if your child can be seen in the office or if you need to go to the emergency department. While Multi-System Inflammatory Syndrome in Children sounds frightening, the American Academy of Pediatrics reminds parents that this condition is still very rare.

May return to Daycare when:

- With a Doctor's note excluding communicable disease

MUMPS/MEASLES

#### Symptoms:

- Inflamed glands
- Swelling of throat
- Eruption of rash
- Slight fever

#### May return to Daycare when:

- With mumps - after swelling subsides (approximately 9 days after swelling began)
- With measles - approximately 6 days after rash began

### PINWORMS

#### Symptoms:

- Small worms that infect rectum and intestines
- Usually found in stools
- Rectal itching, especially at night

#### May return to Daycare when:

- After treatment begins
- With a Doctor's written permission to return

### PNEUMONIA

#### Symptoms:

- Wheezing
- Severe coughing
- Rasping when breathing

#### May return to Daycare when:

- With Doctor's permission

### RASH

#### Symptoms:

- Spreading of unusual spots or clusters of spots
- Child care staff cannot determine whether the spots are contagious and therefore, will rely on a doctor confirming the rash is not contagious

#### May return to Daycare when:

- When symptoms disappear or with a Doctor's written permission

### RINGWORMS

#### Symptoms:

- Raised, scaly ring shape lesions on skin

#### May return to Daycare when:

- After treatment has begun (keep covered)

### SCABIES

#### Symptoms:

- Severe itching
- Rash (little red bumps) - Predominantly between fingers, axilla creases, may be on other parts of the body

May return to Daycare when:

- After treatment has been administered
- Treatment of scabies also requires the home to be treated

## STREP THROAT / SCARLET FEVER

Symptoms:

- Red painful throat
- Trouble swallowing
- Fever
- Swollen glands
- Peeling skin
- If scarlet fever, rash feels like sand paper

May return to Daycare when:

- 24 hours after treatment begins and temperature returns to normal without any fever suppressant like Tylenol or Motrin

## TEETHING

Symptoms:

- Discomfort with gums and mouth area

May be at Daycare when:

- Tylenol for discomfort only
- NOTE: Child may not be at Childcare if he or she has fever of 100.0 degrees or more

## THRUSH

Symptoms:

- White film covering inside of mouth

May return to Daycare when:

- 24 hours after treatment begins

## VOMITING

Symptoms:

- Child vomits 2 times in a 24 hour period or may be sent home after one time if other symptoms are present

**\*Parent is contacted after first incident, child goes home after second incident\***

May return to Daycare when:

- 24 hours after symptoms have disappeared and child is on a regular diet (no Pedialyte)

## YEAST INFECTION (BOTTOM)

Symptoms:

- Bright, red, irregular shaped pustules

May return to Daycare when:

- When symptoms disappear, or 12 hours after treatment begins

**OTHER ILLNESS WILL BE EVALUATED BY THE CENTER AS THEY OCCUR.**